

# Dad persuades lasses to crew

PLATTEKLOOF yachtsman Ivar Kvale feels he is already a winner.

The Governor's Cup 2000 yacht race is still two months away but he has pulled off a personal first by persuading his wife and 15 year-old identical twin daughters to crew for him in the 1700 nautical mile race from Cape Town to St Helena.

Top ballet dancers in their age group, the twins Kari and Astrid, have always had dancing exams, shows and eisteddfods that have kept them away from sailing, while even the mention of an ocean crossing leaves Ivar's wife Ignette feeling "very apprehensive".

"Dad has always wanted us to sail long distance races with him but we never have the time. He even wanted us to do the Cape to Rio race in Jan-

uary this year but we were a bit nervous. Now that he's done it, and come back safe and sound, we feel a lot more confident about racing to St Helena with him," said Kari.

What she doesn't add is that Kvale actually won the highly competitive Cruiser/Racer class in the Rio race aboard his 42 foot Simonis-designed yacht, Awesome.

A fleet of 20 to 30 yachts will compete in the Governor's Cup which starts in Table Bay on December 2 and ends in the deep blue equatorial waters off the remote mid-Atlantic island of St Helena. The race record set in the inaugural 1996 race of eight days, 21 hours, is still unbeaten.

The Governor's Cup is held every second year.



Ivar and Ignette Kvale with their twin daughters Kari and Astrid on his yacht.