

# Rio race will not be easy, says Dalling

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breakfast at 6.30 a.m.

"We then work on the yacht until about 6 p.m. or until we decide to knock off," said the bearded Dalling.

Work on the yacht is now almost complete.

At the moment, the crew are busy installing the radio — which includes two 100 watt transmitters, giving an overall range of about 8 000 miles.

DESPITE the fact that he has one of the finest racing yachts in South Africa at his disposal, Bruce Dalling has no illusions of "walking it" in the Cape to Rio race next month.

"It is impossible to say who might be the winner or even what kind of race it will be," said Dalling aboard the blue-hulled Jakaranda in Durban Bay yesterday.

"It depends on the prevailing weather conditions, no matter what type of yacht you have.

"The South Atlantic is supposed to have a well-established weather system. The same is said about the North Atlantic, but there were certainly some surprises there," said the man who took Voortrekker to second place in the 1968 single-handed, Transatlantic race.

Life aboard the Jakaranda has become a daily routine for Dalling and his nine-man crew.

They rise at 4.45 a.m. and are taken ashore by ferry half an hour later. A drive to the beach in Dalling's four-wheel drive vehicle is followed by a swim and strenuous exercises on the sands.

Then back to Jakaranda for