

Yachtsmen take to Tri-sail at weekend

YACHTING — Roger Bartholomew

SUNDAY June 18 is the day that all yachtsmen look forward to because it gives them the opportunity to demonstrate their fitness.

Hout Bay Yacht Club, in conjunction with the Hout Bay Service Station, have organised a Tri-sail event which is the yachtman's answer to the Iron Man.

The race consists of a sail around the buoys in Hout Bay, then a cycle ride to Camps Bay and back, which is about 30km, and finally a 10km run through the streets of Hout Bay.

There are three categories, the single event in which the individual must compete without any outside assistance in all three disciplines; the two-man event in which both must

sail the course together and then one must cycle and the other run; and finally there is the fun team event which may consist of three members, one undertaking each discipline.

The single and two-man event will count towards the inter-club trophy and there will also be individual trophies and prizes including the fun event and also for the geriatrics and family teams.

The event starts at the Hout Bay Yacht Club at 10.30 on Sunday (June 18) with scrutiny scheduled for between 7.30 and 8.30 and all entrants will receive the exciting new Tri-sail T shirt.

For further information on this event you can contact Eric McKenzie in the evenings at ☎790 1688.