

FOR WOMEN

Meet two girls who are really going places

Australian
Sue is en
route to Rio
Woman Reporter

COOKE is her name . . . and also her designation.

And in her 4ft. 6in. square cooking area ("I can just get my hips in"), she can come up with a tasty, bully-beef-based meal under the worst conditions on the high seas.

Sue Cooke, like her famous countryman of the same name, is an adventurous type — the only girl in the four-member crew of Eclipse, the lone Australian entry in the Cape to Rio yacht race. She arrived in Durban recently en route to the Cape and Rio after an 18-week trip from Australia.

Grey-eyed, with sun-bronzed hair and skin, 19-year-old Sue looks more like a model than cook and "chief bottle washer" (although her skipper, top Sydney photographer, Laurence Le Guay, insists that Sue doesn't do the washing-up).

She was, in fact, a part-time model in Australia as well as a receptionist in an advertising agency and a photographer in a night club. She's also been to art school.

Her official function of cook and seafarer has not put an end to her modelling career. She and Laurie work on photographic features together, and sell them en route to provide further finance for the trip.

"That way, modelling turns into fun, unlike the hard work it is in Australia," says Sue.

Fashion in Australia is more advanced than fashion here, she finds, as everyone "down under" is wearing maxis and midis.

She enthuses, however, about the reasonable price of



MISS JOAN KLUMPP was the special guest of Mr. J. Engelbrecht, who is president of the Pietermaritzburg Rotary branch, and his wife, Mrs. Engelbrecht, at a Rotary luncheon.

American
Joan is here
for a year

EXCITED at the prospect of spending the next year in South Africa — her first visit — is Miss Joan Klumpp, an American girl from Doylestown, Pennsylvania. Joan was invited here as an exchange student by the Rotary Club, Pietermaritzburg East branch. She hopes to attend Natal University during her stay and study South African history, politics, and art.

For her first three months in this country, Joan will be the guest of Mr. and Mrs. F. G. Thom. On Tuesday she was invited to a Rotary luncheon at the Royal Hotel, Pietermaritzburg, as a special guest.

clothes in Durban compared with prices of clothing in Australia.

"In fact, everything is more expensive there," she says. "I was amazed to buy seven pieces of rump steak for only R1.50 — in Australia, the same quantity would come to about R5."

Fresh meat and vegetables are only on Sue's menu when the yacht is in port. At sea, she has to concoct edible, tasty meals from "campie" or bully-beef (luncheon beef with cereal) and corned beef, potatoes and dehydrated peas.

With the aid of garlic and herbs, stock cubes — beef and chicken — Worcester sauce, tomato sauce, chilli sauce and soya sauce, she flavours the meat in a pressure cooker on one of her two gas burners, to produce a meal with an exotically-different taste each time.

Pies, apricot tart, spaghetti a la Italiane, stews, crumbed sausages, and fried dorade (a

colourful fish which is taken straight from the sea, cut into steaks, and popped into the pan with butter, herbs and lemon) are other products of Sue's ingenuity.

Sue boils her spaghetti in salt water, as the precious supply of fresh water is carefully hoarded. The yacht carries about 90 gallons of fresh water in tanks under their bunks, and in cartons in the cockpit.

Baths consist of buckets of salt water thrown over the body, and a soap down with salt water soap.

Their most ingenious endeavour, however, is bread-making on the natural oven of the cockpit.

"We warm the flour in the sun on the cockpit, which is so hot that it is literally like an oven. Then we put it into a stainless steel saucepan, and mix a teaspoon of dried yeast, with the 1lb of flour.

"We then add ¼ pint of milk and water mixed with a teaspoon of sugar and some

salt and pour the mixture into the centre of the bowl of flour.

"Soon, the mixture starts bubbling and we let it ferment, bashing it with the hands about three times in 1½ hours, then throw it into the pressure cooker, watch it go brown, and you have a lovely crisp loaf of bread."

DANGERS

Included in the daily diet, are different varieties of vitamin pills to combat the lack of fresh food. However, Sue still suffered from loss of eyesight from dehydration near Mauritius. When they docked, she was not allowed out at night, much to her disgust.

Rising at 6 a.m., for her two-hour watch, she spends the days cooking, sewing, reading and washing clothes "which rot in the salt water".

She is looking forward to leaving on the Cape to Rio race on January 16. "It'll be great fun, even if we do take last-line honours, me madly cooking my pies," she says.